



COMO CYCLO CROSS TRAINING SERIES

INFO

- 12 week training series
- Every Tuesday
- Sept. 4th - Nov. 20
- Socket HQ (2703 Clark Lane)
- \$5.00 per night entry fee
- CycloCross clinic at 5:30 pm

RACE

- Two 20-minute races/night
- First race at 6:00 pm
- Second race at 6:40 pm
- All races open category

SWAG

- Goodies will be awarded **randomly** each night.
- Series points will be kept, analyzed, and prizes will be awarded at the end of the series.

WEATHER

Races will be cancelled for inclement weather

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PRESENTED BY

Big Tree Cycling
Columbia Bike Club
Walt's Bike Shop/Tallgrass
Socket



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